

Recommendations for phenological observations in natural spaces during COVID-19



During the week, choose locations close to your home to minimize mobility. During the weekend, between 6 am on Friday and 6 am on Monday, you can only travel to locations within your municipality.



Avoid travelling to crowded natural spaces. In any case, please consult the occupancy levels of the car parks and accesses in advance and do not park in non-authorized areas. Remember that during the weekend you cannot travel to these spaces unless they are within your municipality of residence.



Try to only travel with your bubble group* or the extended bubble group** or with a group of up to six people (unless they live together). Avoid meeting people who you are not in regular contact with.



Masks must be worn at all times in the public space. This includes its use in the natural spaces and it must also be worn when travelling with people from your own bubble group.



Please maintain social distancing with other groups of people.



The consumption of food and drinks in public gatherings and meetings is forbidden.

* Bubble group: group of people living together under the same roof. It may also include caregivers and/or support staff to avoid social isolation.

** Extended bubble group: group of people in the coexistence bubble plus one or other limited and stable groups of people, always the same, with whom the coexistence bubble establishes family, work, school and leisure relationships.

+ info: [General measures and restrictions](#) (Ministry of Home Affairs, Generalitat de Catalunya)